

55 Plus

Programs and Activities for adults 55 years and better!

January - March 2016

What's Happening



Fairfield
Community Arts
Center

411 Wessel Drive
Fairfield, Ohio 45014
Phone: (513) 867-5348
Fax: (513) 867-6070

Facility Hours:
Monday - Friday: 8:00 am - 9:00 pm
Saturday: 9:00 am - 1:00 pm
Sunday: Closed

For More Information:



Check out the Fairfield Flyer and our website for more information on upcoming events and activities for all ages.

www.fairfield-city.org/55

55 Plus Newsletter

The 55 Plus Newsletter is available for pick-up at the Fairfield Community Arts Center and may be downloaded from the City website at www.fairfield-city.org/55

Stephanie Hocter

Recreational Programmer
Phone: (513) 896-8411
shocter@fairfield-city.org

55 Plus Advisory Meeting

2nd Thursday of every month at 11 am
NO January Meeting, February 11th, and March 10th

Share your thoughts and be a part of the planning process for 55 Plus Activities, Special Events, and Travel Adventures at our monthly meeting.

Ice Cream Social

1st Tuesday of every month at noon
January 5th, February 2nd, and March 1st

Join us monthly for a scoop of ice cream covered with your choice of delicious toppings. Sugar Free available.

Sponsored by MediGold.

Coffee & Donuts

2nd Thursday of every month at 9 am
January 14th, February 11th, and March 10th

4th Wednesday of Every Month at 9 am
January 27th, February 24th and March 23rd

Start your day off right by joining us for a freshly brewed cup of coffee and a donut at the Community Arts Center.

Sponsored by: Heartland of Woodridge and Brookdale Fairfield

Out to Lunch

Travel to area restaurants for some good food and great company. This group meets at location. Lunch on your own.

Hot Head Burritos

Friday, January 15th at 11:30 am
690 Nilles Road, Fairfield

Spinning Fork

Friday, February 5th at 11:30 am
6765 Dixie Highway, Fairfield

El Rancho Grande

Friday, March 11th at 11:30 am
4978 Union Centre Pavilion, West Chester

Light Lunch Day

Join us for a light lunch sponsored by Heartland of Woodridge & Fairfield Parks and Recreation.

COST: \$5.00 (lunch, drink & dessert)

Thursday, January 28th at 11:30 am
RSVP by January 25th

Baked Potato Bar

Thursday, February 18th at 11:30 am
RSVP by February 15th

Taco Bar

Thursday, March 17th at 11:30 am
RSVP by March 14th

Sub Sandwich, Potato Salad and Chips

Game Night

Join us for an exciting evening of cards, food, and fun. Bring your own group of players or join a group. These are open game nights, everyone chooses what they want to play.

COST: \$5.00 (dinner, drink & dessert)

Thursday, January 7th at 5 pm

RSVP by January 5th

Pulled Pork, Mashed Potatoes and Cole Slaw

Monday, February 22nd at 5 pm
RSVP by February 17th

Chili Cook-off ([see below for details](#)) ***

Tuesday, March 8th at 5 pm

RSVP by March 2nd

Pizza, Salad and Chips

Game Night Chili Cook-off

First ten (10) to register (at front desk of CAC) their pot of chili will be in contest, all others will still need to sign-up to attend in the senior lounge as usual. The 10 bringing their chili for contest will not pay for dinner but all others will pay \$5 as usual. Dinner will include a chili, salad, cornbread and dessert.

Movie & Popcorn



Due to the addition of an Umbrella License with MPLC (Motion Picture Licensing Corporation) we are no longer permitted to advertise the names of the movies in our 55 Plus Newsletter. Please call the Fairfield Parks and Recreation office at 867-5348 or stop by the Senior Lounge for the listing of movies.

Wednesday, January 6th at 1 pm
Wednesday, January 20th at 1 pm
Wednesday, February 10th at 1 pm
Wednesday, March 9th at 1 pm
Wednesday, March 23rd at 1 pm

Popcorn and Bottled Water available for \$1each.

Activities

Corn Hole

1st and 3rd Thursdays of month 12 am - 2 pm

Bring a friend or come on your own to enjoy playing a few games of corn hole in the CAC basement. This is a self-directed program that is scheduled to run from January to March. Partners will be picked depending on amount of players that show up.

Chair Volleyball Practice

Monday January 25th, February 22nd and March 14th 10 am to 11:30 am

Come learn to play a new game at the Springdale Recreation Center. We will watch a few games then join their seniors for a few games. Refreshments to follow. Transportation is on your own.

Valentines Bingo

Friday, February 12th 8:30 am - 10 am

Enjoy a sweet day with or without your sweetheart eating donuts and playing Bingo. Prizes for those lucky winners! Space is limited, registration is on a 1st come, 1st serve basis - first 50 to register

Sponsored by Brookdale Fairfield

Register by February 5th @867-5348

Cost: FREE, however must register to participate.

Wii Bowling Tournament at The Waterford

Tuesday, February 16th 1 pm – 4 pm

Would you like to be on the 55 Plus Wii Bowling Team to compete in a friendly tournament against the residents of The Waterford? Teams of two will be drawn to decide the brackets. Space is limited, registration is on a 1st come, 1st serve basis - first 10 to register

Register by February 2nd @867-5348

Cost: FREE, however must register to participate.

Travel

Breakfast and Bingo at Triple Creek Retirement Community

Thursday, January 21st 9 am - 11:30 pm

Join us for breakfast and bingo at Triple Creek Retirement Community. Space is limited, registration is on a 1st come, 1st serve basis - first 30 to register. Transportation is on your own unless you specify your need transportation at time of registration.

Register by January 14th @867-5348

Cost: FREE, however must register to participate.

Carry-In

Please join us for our monthly **Carry-In** that takes place in the Community Arts Center. Please bring the specified food below that will serve 10 - 12 guests. Fairfield Parks and Recreation will be providing the soft drinks.

If your last name begins with:

A - Q please bring a side dish/salad

R - Z please bring a side dessert

Monday, January 25th at 5 pm

Main Dish: Hamburgers/Cheeseburgers

Sponsored by: Hillandale Family of Communities

Monday, February 8th at 5 pm

Main Dish: Country Fried Steak

Sponsored by: Triple Creek Retirement Community

Workshops

Time Traveler Tuesday

1:30 pm – 2:30 pm

Enjoy an hour of history, culture and travel tips with our naturalist, Amy Hall-Spegal. She will take you on mind adventures in the following countries:

Tuesday, January 5th - Puerto Rico

Tuesday, February 2nd - Japan

Tuesday, March 1st - Yucatan (peninsula of Mexico)

Please join Amy in Community C Room for an hour of adventure. Registration not needed and also do not need to attend all three.

2 Day Valentine Pottery Workshop on Thursday, January 14th and January 28th 1 pm - 2:30 pm

Join us for this two day workshop where you will be making your own clay Valentine's plate and paint it. Space is limited. Registration is on a 1st come, 1st serve basis - first 12 to register.

Register by January 7th @867-5348

Cost: \$10, due to a generous donation from Brookdale Fairfield.

Fairfield Parks and Recreation in conjunction with Heartland of Woodridge

present

Masquerade Ball

Tuesday, March 22, 5:00-8:00 pm

Fairfield Community Arts Center

411 Wessel Dr., Fairfield, OH

Join us for an evening of dinner, dessert, dancing and pictures. Admission is **FREE**.

Reservations are required and can be made by calling 867-5348 or by emailing

shocter@fairfield-city.org.

RSVP by Tuesday, March 15.

Formal attire requested.



Heartland



January 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 CAC CLOSED	2 CAC CLOSED
4 10a Bridge 1p Mah Jongg 1p Pitch	5 9:30a Hand & Foot 10a Pinochle 11a Wii Sports Noon Ice Cream 1p Shuffleboard 1p 500 Time Travel Tuesday	6 10a Hearts 12:30p Bridge 1p Texas Hold 'Em 1p Hand & Foot 1p Movie/Popcorn	7 Noon Corn Hole 1p Shuffleboard 1p Cards 3p Bingo/LRC 5p Game Night	8 9:30a Hand & Foot Noon Bridge 1p Shuffleboard 1p Cards	9 10a Games Galore
11 10a Bridge 1p Mah Jongg 1p Pitch	12 9:30a Hand & Foot 10a Pinochle 11a Wii Sports 1p Shuffleboard 1p 500	13 10a Hearts 12:30p Bridge 1p Texas Hold 'Em 1p Hand & Foot	14 9a Coffee & Donuts NO Advisory Meeting 1p Shuffleboard 1p Cards 3p Bingo/LRC Pottery Workshop	15 9:30a Hand & Foot 11:30a Out to Lunch Hot Head Burritos Noon Bridge 1p Shuffleboard 1p Cards	16 10a Games Galore
18 10a Bridge 1p Mah Jongg 1p Pitch	19 9:30a Hand & Foot 10a Pinochle 11a Wii Sports 1p Shuffleboard 1p 500	20 10a Hearts 12:30p Bridge 1p Texas Hold 'Em 1p Hand & Foot 1p Movie/Popcorn	21 Noon Corn Hole 1p Shuffleboard 1p Cards 3p Bingo/LRC Triple Creek Breakfast	22 9:30a Hand & Foot Noon Bridge 1p Shuffleboard 1p Cards	23 10a Games Galore
25 10a Bridge 1p Mah Jongg 1p Pitch 5p Carry In Chair Volleyball	26 9:30a Hand & Foot 10a Pinochle 11a Wii Sports 1p Shuffleboard 1p 500	27 9a Coffee & Donuts 10a Hearts 12:30p Bridge 1p Texas Hold 'Em 1p Hand & Foot	28 11:30a Light Lunch 1p Shuffleboard 1p Cards 3p Bingo/LRC Pottery Workshop	29 9:30a Hand & Foot Noon Bridge 1p Shuffleboard 1p Cards	30 10a Games Galore

February 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10a Bridge 1p Mah Jongg 1p Pitch	2 9:30a Hand & Foot 10a Pinochle 11a Wii Sports Noon Ice Cream 1p Shuffleboard 1p 500 Time Travel Tuesday	3 10a Hearts 12:30p Bridge 1p Texas Hold 'Em 1p Hand & Foot	4 Noon Corn Hole 1p Shuffleboard 1p Cards 3p Bingo/LRC	5 9:30a Hand & Foot 11:30a Out to Lunch Spinning Fork Noon Bridge 1p Shuffleboard 1p Cards	6 10a Games Galore
8 10a Bridge 1p Mah Jongg 1p Pitch 5p Carry In	9 9:30a Hand & Foot 10a Pinochle 11a Wii Sports 1p Shuffleboard 1p 500	10 10a Hearts 12:30p Bridge 1p Texas Hold 'Em 1p Hand & Foot 1p Movie/Popcorn	11 9a Coffee & Donuts 11a Advisory Meeting 1p Shuffleboard 1p Cards 3p BINGO/LRC	12 9:30a Hand & Foot Noon Bridge 1p Shuffleboard 1p Cards Valentine's Bingo	13 10a Games Galore
15 10a Bridge 1p Mah Jongg 1p Pitch	16 9:30a Hand & Foot 10a Pinochle 11a Wii Sports 1p Shuffleboard 1p 500 Wii Bowling at Waterford	17 10a Hearts 12:30p Bridge 1p Texas Hold 'Em 1p Hand & Foot	18 11:30a Light Lunch Noon Corn Hole 1p Shuffleboard 1p Cards 3p Bingo/LRC	19 9:30a Hand & Foot Noon Bridge 1p Shuffleboard 1p Cards	20 10a Games Galore
22 10a Bridge 1p Mah Jongg 1p Pitch 5p Game Night Chair Volleyball	23 9:30a Hand & Foot 10a Pinochle 11a Wii Sports 1p Shuffleboard 1p 500	24 9a Coffee & Donuts 10a Hearts 12:30p Bridge 1p Texas Hold 'Em 1p Hand & Foot	25 1p Shuffleboard 1p Cards 3p Bingo/LRC	26 9:30a Hand & Foot Noon Bridge 1p Shuffleboard 1p Cards	27 10a Games Galore
29 10a Bridge 1p Mah Jongg 1p Pitch					

March 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30a Hand & Foot 10a Pinochle 11a Wii Sports Noon Ice Cream 1p Shuffleboard 1p 500 Time Travel Tuesday	2 10a Hearts 12:30p Bridge 1p Texas Hold 'Em 1p Hand & Foot	3 Noon Corn Hole 1p Shuffleboard 1p Cards 3p Bingo/LRC	4 9:30a Hand & Foot Noon Bridge 1p Shuffleboard 1p Cards	5 10a Games Galore
7 10a Bridge 1p Mah Jongg 1p Pitch	8 9:30a Hand & Foot 10a Pinochle 11a Wii Sports 1p Shuffleboard 1p 500 5p Game Night	9 10a Hearts 12:30p Bridge 1p Texas Hold 'Em 1p Hand & Foot 1p Movie/Popcorn	10 9a Coffee & Donuts 11a Advisory Meeting 1p Shuffleboard 1p Cards 3p Bingo/LRC	11 9:30a Hand & Foot 11:30a Out to Lunch El Rancho Grande Noon Bridge 1p Shuffleboard 1p Cards	12 10a Games Galore
14 10a Bridge 1p Mah Jongg 1p Pitch Chair Volleyball	15 9:30a Hand & Foot 10a Pinochle 11a Wii Sports 1p Shuffleboard 1p 500	16 10a Hearts 12:30p Bridge 1p Texas Hold 'Em 1p Hand & Foot	17 11:30a Light Lunch Noon Corn Hole 1p Shuffleboard 1p Cards 3p Bingo/LRC	18 9:30a Hand & Foot Noon Bridge 1p Shuffleboard 1p Cards	19 10a Games Galore
21 10a Bridge 1p Mah Jongg 1p Pitch	22 9:30a Hand & Foot 10a Pinochle 11a Wii Sports 1p Shuffleboard 1p 500 Masquerade Ball	23 9a Coffee & Donuts 10a Hearts 12:30p Bridge 1p Texas Hold 'Em 1p Hand & Foot 1p Movie/Popcorn	24 1p Shuffleboard 1p Cards 3p Bingo/LRC	25 GOOD FRIDAY CAC CLOSED	26 No Games Galore CAC CLOSED
28 10a Bridge 1p Mah Jongg 1p Pitch	29 9:30a Hand & Foot 10a Pinochle 11a Wii Sports 1p Shuffleboard 1p 500	30 10a Hearts 12:30p Bridge 1p Texas Hold 'Em 1p Hand & Foot	31 1p Shuffleboard 1p Cards 3p Bingo/LRC		